

Neuro-Linguistic Programming (NLP)

Special Interest Group

“NLP for Mind & Body”

Event Details

When:

Tuesday 18th October 2011
 6:45 – 9:00pm

Where:

The Upstairs Main Room
 The Wakefield Hotel
 76 Wakefield St, Adelaide

Cost:

\$10 (pay at the door)

RSVP:

Miriam Henke
 NLP SIG Coordinator
 0403 374 694
 presidentelect.sa@icfaustralasia.com
 By 15th October

Nibbles provided

Drinks available for purchase
 from the bar

AGENDA

1. Peer Supervision: Celebrate Success and Problem-Solve Challenges

Often coaches and NLP Practitioners are “Solopreneurs”. The challenge when working on your own is not getting the opportunity to get feedback and support from colleagues. In the SIG we encourage Peer Supervision, and if you have a client you would like to bring forward to the group, it always generates great discussion and ideas.

2. NLP for Mind & Body

Did you know that NLP can be used to change physiological functioning within the human body? This can take the form of enhancing well-being, weight loss, boosting immunity and the healing of injury and disease. This is a 2-Part Introduction to NLP for Mind & Body, with Miriam Henke discussing the use of NLP in mind-body work. Jane Fielder will continue the discussion in the NLP SIG on November 22nd.

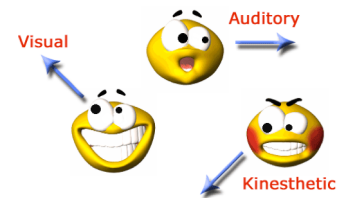
3. NLP Skills Practice

NLP Certified and looking to practice your skills? Got a problem you'd like an NLP Practitioner to help you with? We'll be giving everyone an opportunity to either apply or receive NLP under the supervision of a certified NLP Trainer.



Miriam Henke is one of Adelaide's premier NLP Coaches and a certified Trainer of NLP. In her business, Revelation Training & Coaching, Miriam specialises in Confidence Coaching and Personal Breakthrough Sessions. Currently she is completing her Masters in Psychology (Health) and is researching an exciting new mind-body healing technique with cancer survivors.

Miriam has been involved in leadership with the SA Branch of the International Coach Federation (ICF) since 2007 and is currently holding positions of President-Elect, Coach Week Coordinator and Special Interest Groups (SIGs) Program Coordinator.



NLP SIG: Purpose Statement

1. Discuss the key concepts, themes and techniques of Neuro-Linguistic Programming (NLP)
2. **For anyone** interested in NLP, previous training is NOT required
3. To allow NLP Practitioners to practice their skills under the supervision of a certified NLP Trainer
4. Provide peer supervision for challenging client cases
5. Give attendees the opportunity to experience some of the NLP techniques as a client
6. To encourage an open dialogue of what it is to be an NLP Coach, and to create a strong local support network