



Event Details

When:

Wednesday 20 July 2011
7.30 pm - 9.30 pm

Where:

The Community Room at
Fullarton Park Centre
411 Fullarton Rd
Fullarton SA

Cost:

\$10 (pay on arrival at venue)

RSVP:

Tania Basheer

EFT SIG Coordinator
on

M: 0411 471 941 or

E: tania@blueskycoaching.com.au

By Monday 18 July 2011

NOTE: BYO Water!

It is important to stay well
hydrated when using any
energy healing techniques.



Emotional Freedom Techniques (EFT)

Special Interest Group Meeting

EFT for Children

AGENDA

EFT for Issues Faced By Children

This EFT evening is especially for parents, teachers, caregivers or other EFT therapist and health care professionals interested in supporting children using EFT.

Applications discussed will relate to various issues faced by children including working through traumatic or frightening situations such as nightmares, bullying, fear of tests and exam pressure, performance anxiety – in sporting or other competitions, music performances, or personal traumas such as family death, death of a pet, family breakdown.

Q & A/Debriefing Time:

Ask any questions you might have about using EFT.
Share any learning/insights you've had or areas you'd like us to explore further in future monthly EFT Circles.

Tania Basheer is passionate about helping people create and live the life they've always wanted – their ideal business, dream career, more quality time, loving and fulfilling relationships, more energy, more balance, more fun! She specialises in providing one-to-one business, executive and life coaching, workplace coaching and mentoring in person or by telephone Australia-wide for SOHO (small office, home office) business owners, corporate executives and busy professionals.

Tania regularly holds EFT workshops and individual sessions to teach her clients to clear emotional, mental or physical barriers that might be holding them back from living the life they desire.

Tania is an ACC accredited coach with the International Coach Federation (ICF) and has been an active member of the ICF Adelaide Division since 2002.

The EFT SIG – What's it all about?

1. Exploring the many uses of EFT (there will be a different theme for each EFT Circle)
2. **For anyone** interested in EFT, previous EFT training is NOT essential
3. To allow coaches and EFT practitioners or other interested individuals in the community to practice and discuss EFT applications
4. Gives attendees the opportunity to experience EFT as a client
5. To encourage an open dialogue and practice of EFT and create a strong local EFT support network.