

PERSONAL SUSTAINABILITY

COACH WEEK 09

COACHING DIVERSITY

CONTRIBUTING TO PERSONAL AND GLOBAL CHANGE

THURSDAY 28 MAY

Come be inspired by

PROFESSIONAL COACHES

including: Jim Bright | Maryanne Perry | Andrea Westwood



**DO NOT
MISS OUT**
BOOKINGS CLOSE
26 MAY

COACH WEEK 09

Never before in our history has there been so much rapid change. Global warming, financial meltdown, information overload; all these create situations which individuals find hard to cope with.

Often we don't like change, and are deeply resistant to it.

Frequently, we don't have a choice. Our jobs are disappearing as the global downturn takes its course. Terrifying bushfires are attributed to changes in global temperatures.

Each and every one of us is being asked or forced to change – to create a new vision for a sustainable future: financially, environmentally, personally.

Coaching is one of the best resources for creating sustainable personal change. The International Coach Federation is sponsoring an event for International Coach Week in May: Coaching Diversity; Contributing to Personal and Global Change.

ICFA NSW is very pleased to be contributing to this discussion with an event on the 28th May, 2009.

We have a terrific line-up of people starting with our key note speaker over breakfast: Jim Bright.

THE LINE UP

SLOW SHIFT, FAST SHIFT, DEEP SHIFT:

the psychology of change and how to make it work for you. Jim will talk about uncertainty and unpredictability in the world of work and life, and strategies to live with and love change.



Jim Bright is Professor of Career Education and Development at Australian Catholic University. He writes a weekly career column in the Sydney Morning Herald MyCareer section called the Ladder, which covers contemporary career issues facing individuals.

Jim is a Leading International Career Consultant, Coach, and Academic. A Partner of Bright & Associates Career Solutions, the Author of "Getting a Brilliant Job" and "Resumes That Get Shortlisted". He has published extensively in academic journals, and continues to do Leading research in career development.

UNDERSTAND THE THREATS THAT HIJACK OUR GOALS

Maryanne Perry will be sharing her understanding of the internal, neurobiological threats that hijack our goals. She will be explaining the latest neuro-scientific findings and sharing practical strategies to help us keep our heads when others are losing theirs.

Maryanne Perry was trained by Results Coaching Systems and is Business, Team & Personal Coach, Professional Trainer, Facilitator and Keynote Speaker with an extensive background in education, training and development.

For the last 8 years Maryanne has run her own successful coaching business where she has coached managers of many differing sized organisations.

As a Corporate Associate of Results, Maryanne has developed internal coaching programs for her clients, which included delivering of coaching, team coaching and coaching training with senior managers and executives.



WHOLE BRAINED THINKING: HOW OUR THINKING IMPACTS ON OUR LIVES.

Andrea Westwood from ECG will be facilitating a session on thinking preferences; how to uncover your own thinking preferences to identify and harness your own particular talents. Matching your brain's unique talents to your work, your relationships, and your passions.



Andrea Westwood is director of ECG, Executive Coaching Group. She graduated with a Science degree in microbiology and spent five years in research. She moved into commercial roles in management positions: Sales, Marketing, Customer Service, Change Management, Project Management and Learning and Development. Her science background is now combined with her understanding of human psychology, and brain biology to give us profound and empowering insights into how we function in the world.

Finally, we will have a facilitated session with some professional coaches from a variety of areas to engage in a dialogue about diversity, change, and sustainability: how coaching works.

WHEN AND WHERE

- Time:** 8:00am for 8:30am start, sessions finish at 12.30pm
- Date:** Thursday, 28 May 2009
- Venue:** Masonic Centre, 66 Goulburn Street (cnr Castlereagh Street), Sydney
- Cost to Attend:** \$77 for ICF Members
\$110 for Non-Members
- RSVP:** Tuesday 26 May 2009 | Online
Includes breakfast and morning tea

In order to assist with event planning and catering, we request that whenever possible, you book in advance online. All bookings for this event are final. No refunds will be offered. Should unforeseen circumstances arise that prevent you from attending this meeting, please contact the ICF Australasia administration office by email or phone +61 2 4340 8871.