

NZ Central ICF Coach Directory



Jason Brennan

Business Name: Thinkwell Limited

Website: www.thinkwell.co.nz

Email: jason@thinkwell.co.nz

Phone: 0800 thinkwell – 04 4728455 – 021369079

Niche or speciality: Behaviour change coaching, leadership and motivation, self awareness development.

Other Modalities: Transactional Analysis, Supervision Services

Helping individuals to develop and maintain healthy communication with other colleagues and with clients, to avoid unnecessary stress in their roles and to more easily have the 'difficult' conversations – especially related to challenging certain behaviour or to increase performance.

Robyn Ellison

Business Name: Fresh Horizons Coaching Ltd

Website: www.freshhorizonscoaching.co.nz

Email: robyn@freshhorizons.co.nz

Phone: 04 479 0451

Offering: Personal and workplace coaching

Other Modalities: Licensed Coach Clinic Facilitator

In the personal coaching arena I work with people inspiring them to create and achieve lives they love. My speciality area is supporting people to achieve greater balance in their lives resulting in more energy, less stress and greater happiness.

For the workplace I offer a two-day leadership programme designed to train managers, executives, leaders and supervisors to use coaching techniques in their work relationships and thus gain the advantages of bringing a coach approach to managing people.

Sally Forman ACC CPCC

Business Name: Soar Coaching

Website: www.soarcoaching.org

Email: sfsoarcoaching@ntlworld.com

Phone: 021 0285 6029

Skype: sally.forman

ICF Credential: Associate Certified Coach ACC (ICF)

Other Modalities: Certified speaking presence coach (CPCC)

Speaking Circles® Facilitator (SCI)

Relational psychotherapist (PBANZ, NZAP, UKCP)

NLP Practitioner

Niche or Speciality: Authentic leadership presence, transforming fear of public speaking and performance. Interpersonal relationships

I have been referred to as “Vodka in a bottle of perfume”. I use this strong and subtle mix to see who you are. My authenticity, presence and honesty will inspire and call you forth to connect fully with your authentic voice, your audience and your content.

Learn to still your anxiety, invite connection, be present, and find your natural voice and impact, powerfully. Learn the foundation of effective communication by focusing on Relational Presence, the quality of connection between the speaker and the audience.

Gai Foscett MCC

Business Name: Gai Foscett Coaching International

Website: www.coaching.net.nz

Email: gfockett@xtra.co.nz

Phone: 04 2933473

Mobile: 0274 767125

ICF Credential: MCC Master Certified Coach (ICF)

Niche or speciality: Leadership, Personal, Transformational

Other Modalities: Master NLP, Coach Training, Personal Developments workshops and webinars

Tracy Keith ACC

Business Name: TMK Coaching

Website www.tmkconsulting.co.nz and www.careeranalysts.co.nz

Email: tracy@tmkconsulting.co.nz

Phone: 021 044 5454

ICF Credential: Associate Certified Coach ACC (ICF)

Niche or speciality: Career coaching, emerging leaders. Life Coaching

Other Modalities: Outplacement and transition services (redundancy)

HR and recruitment solutions through www.carrollconsulting.co.nz

I am a self employed coach who has been working in the Wellington market since November 2004. Internationally trained and certified with Results Coaching Systems I have over 200 hours of coach specific training and over 600 hours of individual coaching sessions.

We can work together in person in Wellington, over the phone or via skype.

How can I assist you? By unearthing goals, facilitating positive change and providing tools to create the life that you want to lead.

Catherine Lambert

Business Name: Life Choice Coaching

Website: www.lifechoicecoaching.co.nz

Email: cl@lifechoicecoaching.co.nz

Phone: 021 799 333

Niche or Speciality: Career Coaching - planning & progression; self-marketing, C.V. & interview coaching, transition strategies, coaching for new managers.

Life/Personal Coaching - finding passion, overcoming challenges, boosting confidence & achieving goals.

Other Modalities: Leadership development programmes; Facilitation services; Consultant project management & change management services for individuals & organisations.

A trained, self-employed coach with a focus on practical tools & strategies in individually tailored programmes, which enable positive change & tangible results.

Julie Rowlands ACC

Business Name: Fast Forward Coaching Ltd

Website: www.fastforwardcoach.com

Email: julie@fastforwardcoach.com

Blog: <http://blog.fastforwardcoach.com>

Phone: 06 8764382

Mobile: 027 2829262

ICF Credential: ACC Associate Certified Coach (ICF)

Secretary: International Coach Federation Australasia NZ Central Region Branch.

Personal and business coaching using various modalities.

Niche or speciality: Professional coaching with a solution based focus. Areas of expertise include stress and time management, transition, work life balance.

Other Modalities: NLP practitioner and registered nurse, online and Skype coaching

Fast Forward Coaching works with individuals and groups including professionals, leaders and solo business owners to create maximum sustainable energy and minimum stress.

Heather Stevenson ACC

Business Name: Inspirations

Inspiring success, health and well being

Website: www.inspirationscoach.co.nz

Email: heather@inspirationscoach.co.nz

Phone: 021 240 6535 or A/H 04 938 1668

ICF Credential: Associate Certified Coach (ICF)

Treasurer: International Coach Federation Australasia NZ Central Branch.

Personal Development Coach

NLP Master Practitioner

Niche or speciality: Time Management, Money and Relationships

I work with clients who are ready to transform their lives by expressing more of who they truly are in the business world and personally. My approach to coaching is all about simplicity. I work with intentions, decision making in the present moment and identifying what the most important next step will be. My coaching is action orientated and solution focused.

Grant Verhoeven

Business name: Leap Forward Ltd

Website: www.leapforward.co.nz

Email: grant@leapforward.co.nz

Phone: 027 366 0220

President: International Coach Federation Australasia NZ Central Branch

Niche or speciality: Becoming a more confident leader and manager. Improving sales/ marketing performance and overcoming obstacles. Career and professional development coaching.

Other Modalities: Neuroscience – training based on Results Coaching Systems training Cognitive Behavioural Therapy - BSc (Psychology) Strengths Based Coaching

M.Mgmt, B.Sc (Psychology), PGDipBus

Lee Wilkinson ACC

Business Name: Communicate Consultants

Website: www.communicate.co.nz

Blog: www.communicationskills.co.nz

Email: lee@communicate.co.nz

Phone: 04 471 0845

Mobile: 021 455 326

ICF Credential: Associate Certified Coach ACC (ICF)

International Coach Federation Australasia NZ central branch leadership team member.

Niche or Speciality: Coaching for people wanting to step up in their organisation. Self confidence speaking to groups. Accredited to DiSC behavioural style inventory